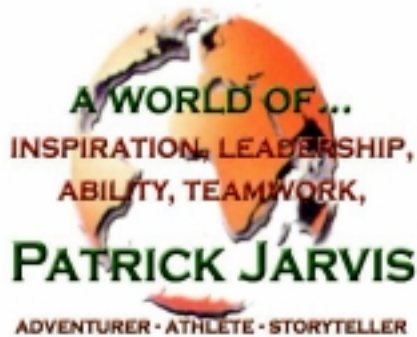


**A WORLD OF...**  
INSPIRATION, LEADERSHIP,  
ABILITY, TEAMWORK,  
**PATRICK JARVIS**  
ADVENTURER • ATHLETE • STORYTELLER



Patrick Jarvis waiting out a monsoon rain in Malaysia.



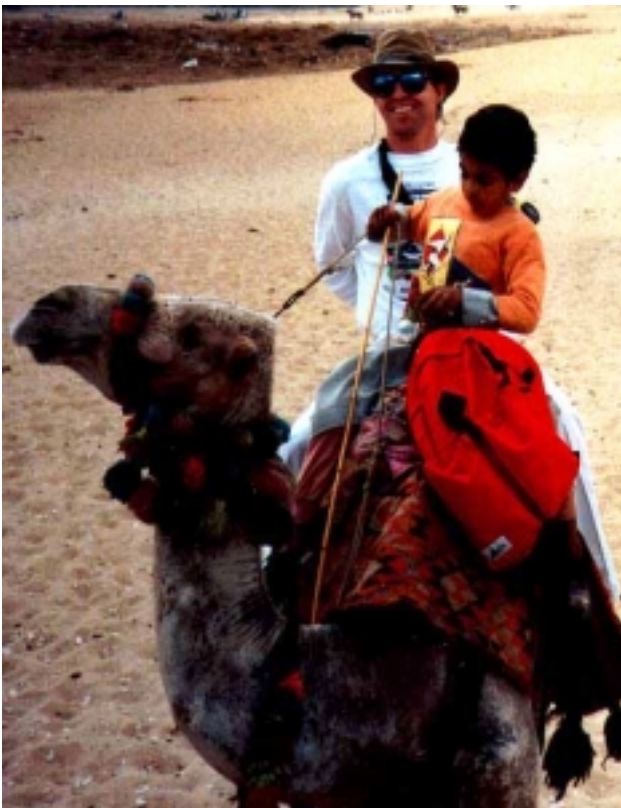
Patrick Jarvis has crossed over, explored, visited and sometimes **conquered over 70 countries on 6 continents.**

The loss of his left arm in an early childhood accident could have dictated a life outside of **high-performance** sport and adventure. There were no excuses for Pat and should be none for you either.

Pat's audiences become **spellbound** with his stories of climbing Mount Kilimanjaro and Mount Fuji, hiking in to see the amazing mountain gorilla's of Rwanda, his sailing adventures on the Nile River, crossing the Sahara Desert, surviving the Hindu Kush (Hindu "Killer" Mountains) of Northern Pakistan, dodging guerillas (*both kinds*) in Africa (*including driving six months accident free in Cairo*), swimming in crocodile infested waters in the Congo and the harrowing adventure of being hauled off to jail at gunpoint in Cameroon.

Within every one of these stories is an incredibly **powerful life-lesson** that your people, no matter what their background, could learn from.

In addition to traversing a significant portion of the world with only one arm, Pat also has numerous athletic achievements in various "able-bodied" and disabled sports, including:



- ◆ Competing as a member of the **Canadian Paralympic** team in 1992.
- ◆ Was **Team Canada's Chef de Mission** at the 1998 Winter Paralympic Games in Nagano.
- ◆ Pat is currently **President of the Canadian Paralympic Committee**, and a board member with **Vancouver 2010 Winter Games**.
- ◆ And the coup de gras, pitching a baseball no-hitter – *with his remaining hand of course.*

**Pat plays against...and beyond the limits he refuses to recognize!**

***Staying stuck is not in his experience!  
Inaction, he knows, is never the answer.***

**To Book Patrick Jarvis NOW:**

**Spellbinders Speakers Group**

**Mary Ann Chartrand**

**Toll free 1-866-494-0445**

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## Lessons From The Four Corners Of The World!

Patrick Jarvis takes you on a magnificent journey circling the globe. Explore the human spirit and our amazing ability to overcome challenges. Learn to live life with intent, to be an enthusiastic leader and accept what life delivers.

First and always an explorer, Patrick Jarvis is an adventurer on all levels – physical, mental, emotional, and spiritual. Physical adventure and challenge has provided the entry point for seeking all the great answers to all the great questions. His experience has shown him many answers.

Pat spellbinds his audience with his stories of camping in the Serengeti, solo backpacking in China, climbing the Red Pyramid in Egypt and traveling in the forbidden frontier area of Pakistan (*including facing arms dealers and gun runners*).

What can a world traveller, adventurer and athlete bring to your organization? He **does** bring some of the most powerful universal life lessons found on this earth. Pat's perspective will undoubtedly affect your people in the areas of: Leadership, Team Building, Risk-taking, Accountability, Change and Integrity.

When you bring in Patrick Jarvis to speak, your people will come away with:

- a sense of inspiration and re-charged internal batteries
- a better understanding of their own potential
- clarity to realize their own choices and the courage to make them
- an entertaining, enriching and educational experience

In addition, your organization will refine its sense of direction and gain fresh ideas on how to develop positive work environments as well as uncovering potential and harnessing ***the power of action***.

From sports to adventure travel, professionally and personally, Patrick has chosen to push his limitations and boundaries. He has accomplished with one hand, what many of us only dream of achieving in our entire lives. He refuses to accept that anyone has limits, including your people. ***Always colourful. Always inspiring...Pat provides an entertaining, enriching....experience for all.***



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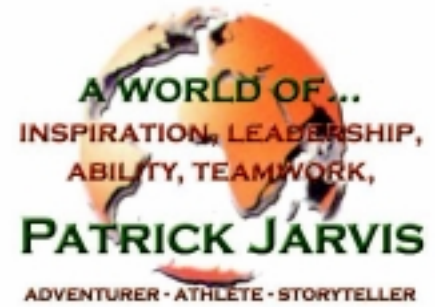
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***"The best things in life aren't things!"***

# A World Of Applause



In the years that I have known Pat I have been very impressed with his insight into life and all it has to offer. He is very passionate about life and he's not afraid to take risks and live with the consequences. I had the pleasure of spending a few weeks on the road with him and his message was always inspirational and insightful. Sometimes his stories tore at your heart; but he always made room for a little humour. He leaves us believing that anything in life is possible. **Diane Jones Konihowski, Speaker/Former Olympic Athlete**

Your closing address, "The Three C's of Excellence" certainly enhanced the program and contributed to the success of the Symposium. Once again, thank you for your excellent presentation at the fifth annual Provincial Coaches Symposium. **Patricia Lechelt, Provincial Coaches Symposium**

After having the privilege of hearing Patrick, I truly felt honoured to have been in his audience. Patrick is a remarkable person. He is a gifted speaker and an inspiration to those having the opportunity to listen to him. Patrick is a very dynamic individual. He has an ability to see in every person a potential for greatness. I have heard guest speakers in the past, but I had never listened to a speaker like Patrick Jarvis before. It is without hesitation that I highly recommend Patrick to you. **Sheri L Mackinder, Work Force Diversity Organizing Committee**

I believe our group benefited a great deal from your inspiring presentation. Your presentation was both enjoyable and interesting. You spoke openly about your personal experiences and I believe your honesty is one of your greatest assets. We look forward to the next opportunity to hear you speak. **Reid Corrigan, Director, Calgary Tax Services**

The ability to convey your message with such humour and enthusiasm to a group as diverse as ours was achieved to the great satisfaction of our committee. The courage and determination you displayed through the sharing of your life's story serves as an inspiration to us all. **Alasdair Smith, Calgary Board of Education**

The evaluation forms indicate that the presentation was excellent. With my own personal thoughts on the seminar, I am pleased to highly recommend Pat to anyone especially groups who want to evaluate abilities, get enthusiastic, build character, persevere, value change, and take action to obtain goals.

**Kathy Hampton, International Association of Admin Professionals**



Now that the IOC Evaluation Commission has come and gone, I want to take this opportunity to thank you for your invaluable help. We could not have achieved the success that we did without your input and assistance. I think it was evident that we have a smart, energetic, and dedicated team. Thank you for being part of that team. We could not have done it without you.

**John Bitove, Toronto Bid 2008 Committee**

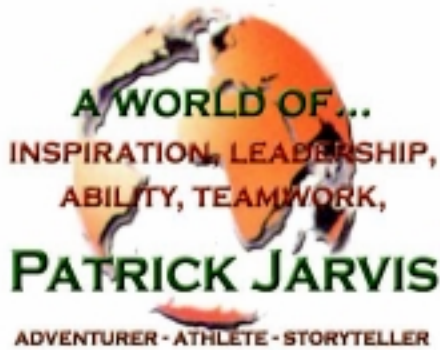
In my many years of attending conferences, I have only come across a few speakers deserving of a standing ovation – YOU are one of them. I can speak for my fellow IAAP members when I say that we all touched and inspired by your story and experience. I hope I have the opportunity to hear you again.

**Maria Yeh, Prizm Brandz Inc.**

Feedback was very positive and I just wanted to pass some of these thoughts on to you. Our afternoon with Patrick Jarvis was enjoyable. Our staff members found Patrick both inspirational and motivational. Pat reminded us that we all have the power to have an impact on the lives of others, which is often overlooked in our industry. We would highly recommend Patrick Jarvis to other organizations. **Melanie Wasylyshen, John Howard Society**

You may have finished 12th at the Olympics, but you finished first in my and many others' hearts this past Thursday night. Thank you. Your words were of tremendous impact and value. And that smile, good on you.

**Mark Blumes, Mark's Work Wearhouse**



Although I was aware of your reputation as a speaker of great renown, I was nonetheless impressed by your ability to immediately capture the attention of an audience. Furthermore, your words had a tremendous impact - I cannot count the number of times during the seminar that I heard your speech quoted, referenced and paraphrased. Your unique perspective as an athlete and administrator, combined with your sense of humour and passion for sport, allowed you to connect with literally every person in the auditorium.

**Patricia Heydon, CPC Director of Games Missions**

Your presentation was motivational and I was moved by your stories and impressed by your speaking presence. I was disappointed when it was done. I was ready to sit there for the rest of the afternoon, and from the people that I have spoken to, they felt the same way. **Ann Clarke, Canada Customs and Revenue Agency**

On behalf of the Board, staff and over 400 delegates that attended the United Way of Canada Annual Conference, we want to extend our sincere thank you for the critical role you played in making this event the "best ever." The presentation you delivered was one of the weekend's defining moments and key highlights of this year's Conference. You clearly helped place an "exclamation mark" with your words of inspiration. Your ability to make people laugh and reflect with the heart left a positive impression at the close of our Conference. We could not have asked for anything more. **David Armour, President, United Way of Canada**

Your speech for the Habitat Fund Raising Dinner was fantastic. It was humorous, it was poignant, and it touched everyone in that room. Having just said that you will notice that the cheque is not for the amount we agreed to, but more. The message you gave was powerful, and the message I'm sending back to you is that you are under-estimating the worth of your words. Thank you again for sharing your experience and character with us.

**Heather J. Milburn, Habitat For Humanity**

Thank you for doing a fine keynote at our conference. We received a lot of positive feedback about the day. Some of the comments: "This was an excellent conference. - Speakers were all good and the day was worth it. - Wow what a fabulous day. I really enjoyed my day. - The speeches and presentations were very entertaining and knowledgeable. - Patrick Jarvis was inspirational. - Patrick Jarvis was very humorous - enjoyed his presentation." You did an excellent job of presenting to a very diverse audience. Thank you for contributing to our success.

**Joanne Towers, Alberta Family & Social Services**

I would like to take this opportunity to thank you for your inspiring talk at our national conference. I have had numerous comments about the exceptional presentation to our group. I know that I personally enjoyed it immensely. I do wish we had been able to give you more preparation time but I don't know how you could have improved on the content or presentation. I do hope that we get an opportunity to meet again and I look forward to hearing you speak at other events.

**Jean Creagh, Canadian Down Syndrome Society**

High-energy presentation...great personal experiences that can be applied to all aspects of life...provided alternate ways of looking at our values and the way we do things...a speaker that did not fit into a management "fad of the month" mentality...inspirational and fun...excellent presentation, outside perspective, motivational...Pat was excellent, good discussion on dealing with change...Patrick Jarvis was fabulous!

**Audience Comments, Milestones For Change Forum**

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